Song Leader Training Seaford, 27th to 30th January 2025 – Booking form

Name: Gender:

Mobile no: Date of birth:

Address:

Email:

Next of kin/emergency contact:

Dietary requirements/allergies: .

**Wellbeing**

This section is to ensure you feel well enough to attend the retreat, and so that we are informed enough to hold you in the best possible way.

On a scale of 1-10, how is your physical ( ) and mental/emotional ( ) health in general?

Are you currently on any medication? (if yes, please detail)

Have you recently undergone surgery? (if yes, please detail)

Have you had any physical injuries that could be aggravated by movement? (if yes, please detail)

Have you any history of psychosis or mental health issues? (if yes, please detail)

If so, how do you manage it/what support do you have in place?

Is there anything else we should know? (if yes, please detail)

On a scale of 1 to 10 where 1 is relaxed and 10 is fearful:

How concerned are you about covid-19?

How much do you consider yourself to be vulnerable?

**Book your place** by returning this form via email, and transferring your deposit of £200.

Please confirm which payment method you have used to pay your deposit.

BACS ( ) Sophia Efthimiou, Account no: 44333204, Sort code: 070246

PayPal ( ) <https://www.paypal.com/paypalme/singingourselveshome>

\*Please select ‘friends & family’ when paying via PayPal\*

**\*\*FULL BALANCE DUE BY 15th NOV 2024\*\***

**Accommodation**

First choice: …………………………………………………

Second choice: ………………………………………………..

**Cancellation policy**

Once we have received the minimum number of deposits we will confirm the retreat, at which point you can book your flights. If, in the unlikely circumstance, we have to cancel the retreat you will receive your full deposit back.

Cancellation due to venue/facilitator/gov circumstances:

* you will receive a full refund

Cancellation for personal reasons, including any illness:

* up to 12 weeks before the retreat you will receive a full refund, less a £50 admin fee
* up to 8 weeks before the retreat you will receive a 50% refund, less a £50 admin fee

(If we are able to fill your place you will receive a full refund, less a £50 admin fee)

\*Please ensure you have all relevant insurance in place. We also recommend leaving time before the retreat in case of travel disruption, and time after for integration\*

\*\*Please don’t attend if you have respiratory symptoms or a fever\*\*

**Self-Responsibility statement**

I understand that there are always risks coming together as a group. I take full

responsibility for my choice to attend this retreat and will not hold the organiser or venue responsible for any loss, injury, damage or infection that might occur as a result of this course. I will not attend if I have any symptoms that may indicate a viral infection.

Please complete and sign below to confirm your agreement with the conditions above:

Signed: Date:

Looking forward to sharing the journey with you, with love, Sophia x